CAREGIVER HEALTH
Caregiver Perceived Health (%)
Cancer
Lung disease
Diabetes
Osteoporosis
Arthritis
High blood pressure
Other heart disease
Heart attack

Caregiver Medical conditions (%)
Caregiver Physical Health Symptoms (%)

- Pain: 62%
- Breathing problems: 17%
- Arm etc. problems: 30%
- Leg etc. problems: 39%
- Low energy: 52%
Caregiver Sleep Quality (%)

CG woke up early, how often trouble falling back asleep:
- Every night: 9%
- Most nights: 15%
- Some nights: 33%
- Rarely: 26%
- Never: 17%

How often did CR cause CG’s sleep to be interrupted:
- Every night: 3%
- Most nights: 5%
- Some nights: 19%
- Rarely: 23%
- Never: 50%
Caregiver depression & anxiety (meeting defined cutoff scores) (%)