ASPECTS OF CAREGIVING
Relationship with care recipient (%)

How much does CG enjoy being with CR?

- A lot: 70%
- Some: 23%
- A little: 5%

How much does CR appreciate what CG does?

- A lot: 80%
- Some: 12%
- A little: 6%
- Not at all: 3%
Relationship with care recipient (%)

How much does CR argue with CG?

- A lot: 19
- Some: 26
- A little: 29
- Not at all: 27

How often does CR get on CG’s nerves?

- A lot: 20
- Some: 31
- A little: 33
- Not at all: 17
Change in Relationship with care recipient, since caregiving began (%)
Caregiver’s **Positive experiences** helping care recipient (%)

**Helping CR has made CG more confident**

- Very much: 38
- Somewhat: 37
- Not so much: 25

**Helping Cr has taught CG to deal w/ diff situations**

- Very much: 48
- Somewhat: 36
- Not so much: 16
Caregiver’s positive experiences helping care recipient (%)

Helping has brought CG closer to CR

Helping gives CG satisfaction CR is well cared for
**Negative Aspects of Caregiving (%)**

**CG is exhausted at night**
- Very much: 32%
- Somewhat: 30%
- Not so much: 38%

**CG has more than they can handle**
- Very much: 24%
- Somewhat: 34%
- Not so much: 43%
Negative Aspects of Caregiving (%)

- CG doesn’t have time for self:
  - Very much: 26%
  - Somewhat: 33%
  - Not so much: 41%

- CG has routine, then CR needs change:
  - Very much: 11%
  - Somewhat: 27%
  - Not so much: 61%
Summary Indicators Positive and Negative Aspects of Caregiving (%)
Family disagreement over care of CR? (%)