CARE ACTIVITIES
In the last month, how often did care recipient need help with chores (%)
Caregiver and Others’ help with chores (among care recipients needing help): (%)
In the last month, how often did care recipient need help with shopping? (%)
Caregiver and Others’ help with shopping (among care recipients needing help): (%)
How Care Recipient IADL Needs are Met (among those needing help) (%)
In the last month, did care recipient need help with ordering meds? (%)
Caregiver and Others’ **help with ordering meds** (among care recipients needing help): (%)
In the last month, did care recipient need help with bills/banking? (%)
Caregiver and Others’ help with bills / banking (among care recipients needing help): (%)

How often did CG help with bills/banking?

- Yes: 79%
- No: 21%

Someone other than CG help with bills/banking?

- Yes, another unpaid family member/friend: 40%
- No: 59%
In the last month, how often did care recipient need help with eating? (%)

- Every day: 10%
- Most days: 4%
- Some days: 6%
- Rarely: 10%
- Never: 69%
Caregiver and Others’ help with eating (among care recipients needing help): (%)
In the last month, how often did care recipient need help with showering/bathing? (%)
Caregiver and Others’ help with showering / bathing (among care recipients needing help): (%)
In the last month, how often did care recipient need help with dressing/grooming? (%)
Caregiver and Others’ help with dressing/grooming (among care recipients needing help): (%)

**How often did CG help with dressing/grooming?**

- Every day: 22%
- Most days: 15%
- Some days: 31%
- Rarely: 22%
- Never: 11%

**Someone other than CG help with dressing/grooming?**

- Yes, another unpaid family member/friend: 30%
- Yes, a paid helper: 15%
- Yes, both unpaid family member/friend and paid: 9%
- No: 46%
In the last month, how often did care recipient need help with toileting? (%)

- Every day: 16%
- Most days: 3%
- Some days: 6%
- Rarely: 10%
- Never: 64%
Caregiver and Others’ **help with toileting** (among care recipients needing help): (%)
How Care Recipient ADL Needs are Met (among those needing help) (%)
In the last month, how often did care recipient need help with getting in/out bed? (%)

- Every day: 16%
- Most days: 4%
- Some days: 8%
- Rarely: 13%
- Never: 59%
Caregiver and Others’ help with getting in/out of bed (among care recipients needing help): (%)
In the last month, how often did care recipient need help with getting around home? (%)
Caregiver and Others’ help with getting around the home (among care recipients needing help): (%)

How often did CG help with getting around home?

- Every day: 20
- Most days: 12
- Some days: 32
- Rarely: 29
- Never: 7

Someone other than CG help with getting around home?

- Yes, another unpaid family member/friend: 43
- Yes, a paid helper: 9
- Yes, both unpaid family member/friend and paid: 11
- No: 37
In the last month, how often did care recipient need help with leaving home? (%)
Caregiver and Others’ help with leaving home (among care recipients needing help): (%)
How Care Recipient Mobility Needs are Met (among those needing help) (%)

In / out of Bed
- Unmet Need: 2
- Met by Paid CG only: 8
- Met by other unpaid CG only: 10
- Met by paid and other CG: 14
- Met by CG: 1

Around home
- Unmet Need: 2
- Met by Paid CG only: 1
- Met by other unpaid CG only: 7
- Met by paid and other CG: 16
- Met by CG: 2

Leaving Home
- Unmet Need: 2
- Met by Paid CG only: 2
- Met by other unpaid CG only: 14
- Met by paid and other CG: 20
- Met by CG: 3

Legend:
- Unmet Need
- Met by Paid CG only
- Met by other unpaid CG only
- Met by paid and other CG
- Met by CG only
- Met by CG and others
Care Recipient Needs for Help: Summary(%)
How Care Recipient Needs are Met: Summary (%)

- On at least one IADL Task
  - Unmet Need: 10
  - Met by Paid CG only: 6
  - Met by other unpaid CG only: 26
  - Met by paid and other CG: 44
  - Met by CG only: 48

- On at least one ADL Task
  - Unmet Need: 8
  - Met by Paid CG only: 14
  - Met by other unpaid CG only: 15
  - Met by paid and other CG: 6
  - Met by CG only: 34

- On at least one Mobility Task
  - Unmet Need: 6
  - Met by Paid CG only: 7
  - Met by other unpaid CG only: 19
  - Met by paid and other CG: 5
  - Met by CG only: 30

- Met by CG and others: 36
Physical Aspects of Caregiving in past month
(among those providing any personal care): (%)

- Lifted CR: 36%
- Supported CRs weight: 72%
- Held CR steady: 72%
Transportation assistance in past month (%)

**How often did CG drive CR places?**

- Every day: 12
- Most days: 16
- Some days: 37
- Rarely: 16
- Never: 19

**How often did CG go w/ CR using other transportation?**

- Some days: 4
- Rarely: 5
- Never: 59
- Does not use: 28
Caregiver Help with **Medical Tasks** In last month: (%)

- Gave CR meds: 46%
- Take shots: 6%
- Manage ostomy care, IVs, or testing blood: 9%
- Exercises: 28%
- Diet: 28%
- Teeth / dentures: 19%
- Care for feet: 29%
- Skin care: 28%
- Mobility devices: 47%
Caregiver Help with **Nursing tasks** in last month (among those performing medical/nursing tasks) (%)
Caregiver level of difficulty performing medical / nursing tasks (among those performing these tasks) (%)
caregiver preparation for medical or nursing tasks (among those performing these tasks): (%)
Hospitalization of care recipient in past 12 months (%)
Hospital instructions and preparation (among hospitalized) (%)

Did CG get clear instructions? (n=518)

How prepared did CG feel? (n=502)
Caregiver involvement with care recipient’s medical care in last year (%)
Intensity and duration of Caregiving (%)

How many hours/wk did CG help CR?

- 8 hours or less per week: 42
- 9 to 19 hours per week: 25
- 20 to 39 hours per week: 16
- 40 or more hours per week: 17

How long CG helped CR?

- 3 months or less: 6
- 4 to 12 months: 11
- 1 to 2 years: 19
- 2 to 5 years: 28
- More than 5 years: 36
Past and Future Change in caregiving (%)

**Caregiving over past month**
- Increased in the past month: 36%
- Been about the same in the past month: 55%
- Decreased in the past month: 9%

**Caregiving in future**
- Will increase: 33%
- Will be about the same: 59%
- Will decrease: 8%
Caregiver **Choice and Worry** about Making Mistakes

**Does CG feel they had a choice taking on this role?**
- Yes: 46
- No: 54

**How worried is CG about making mistake, error, unintentionally hurting CR?**
- Very worried: 5
- Somewhat worried: 12
- Only a little: 28
- Not at all: 55
Degree care recipient suffering physically during past month (%)
Degree care recipient **suffering psychologically** during past month (%)